



BETHANY HOUSE of PRAYER

Fall Contemplative Offerings

Join us in the coming weeks

Thursday Mornings — Contemplative Prayer in the Chapel 10:00—11:30 am, Chapel of St. Anne beginning Sept. 13

A circle of welcome and encouragement for silence, prayer and reflection.

Led by Bethany House of Prayer Colleagues and Associates.

Selected readings, prayers, extended silence and shared reflections guide the morning. Enter into the beauty of the chapel and be present to the cares of your heart and our world. Find rest and renewal. Newcomers welcome each week.

Evening Contemplative Practice

2nd and 4th Tuesdays, 7:00-8:30 pm beginning Sept. 11

Led by Bethany Colleagues: Christina Leano and Christi Humphrey

A bi-weekly gathering to explore contemplative practices through meditation, teachings, and discussion. For all looking for silence in community and support in bringing mindfulness and compassion into their Christian path. Meditations will draw upon the Christian contemplative tradition, monastic spirituality, Buddhist meditation, and self-compassion practices. This Fall 2018 we will explore themes in *Christian Meditation: Experiencing the Presence of God* by James Finley. On the 4th Tuesday of each month, a facilitator will be available for questions and conversation on meditation and contemplative practice from 6:30-6:55 pm.

Free-will offering: Donations appreciated to support our ministries.

Registration: Not required but appreciated, please register by email.

Newcomers welcome every session.

Evening Contemplative Eucharist

3rd Wednesdays, 7:00 pm, Chapel of St. Anne beginning Sept. 19

As daylight fades, enter into the tranquil beauty of the Chapel, and join in contemplative silence, readings, song and Eucharist. All are welcome.

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